



Sikkim Government College (Renamed as Nar Bahadur Bhandari Degree College),

Tadong, Gangtok, Sikkim-737102

Best Practices of the institute (2018-19)

Best Practice I: Students Enrichment programmes through Special Lectures, Seminars Workshops: The College organises Special Lectures, Seminars Workshops every year on different relevant issues with the objective of building self-confidence and accountability towards society and thereby encouraging them to explore beyond what they learn inside classrooms.

Some of the programmes held during 2018-19 were: (1) A three days sensitisation program on Social Equity, Gender Issues, Human Trafficking, Legal Rights, Sexual Harassment at Work Place, Health issues, Mental Health, Tuberculosis, and Intellectual Property Rights with theme “Essence 2018” which was focused at raising the social concerns among students (from 24th to 26th Oct, 2018). (2) A two-day workshop titled “Moving Ahead” was conducted for students in order to provide the students an insight on several aspects of corporate readiness including the aspects of resume building, group discussions and interview skills where more than 250 students participated and benefitted from the workshop (from 28th of September 2018 – 30th of October 2018). (3) The School of Languages comprising five departments namely English, Nepali, Bhutia, Lepcha and Limboo organised an International Seminar on “Contemporary Writings in Eastern Himalayas: Emerging Trends” (during 27th and 28th of February 2019). (4) Department of History has organised a three days historical lecture series during 26th to 28th September, 2018. (5) One Day Workshop on Qualitative and Quantitative Data Documentation for NAAC- SSR on 3rd August, 2018. (6) An Interactive gathering organised by the Department of English with delegates from Guilford College, North Carolina USA on 27th July, 2018. (7) The language departments also organise a “Meet the Author” programme every year in which reputed authors are invited for special lectures and the students are provided a platform wherein they can interact and exchange notes with the author. (8) Youth Parliament Festival 2018-19 was organized with the objective of encouraging youth to engage in public issues, express their opinions and enhance their decision-making abilities, and so on.

The different departments of the college also organise Special Lectures, Seminars, Workshops with the objective of: (i) enriching Students with latest development in their respective fields, (ii) to provide students with hands on training of relevant techniques, (iii) to listen to the eminent resource persons of their field, (iv) encourage the student to actively participate in exchanging of thoughts and ideas that help them in developing confidence, creativity, logical thinking and other necessary skills, and last but not the least (v) to motivate and inculcate the students with higher learning.

The college also organized value education talks, awareness campaigns on health and other social issues, campus cleaning drives under the aegis of NCC, NSS, and other cells. (i) Campus cleaning programmes under the main theme 'Swachchhata hi Sewa' was organised by NSS unit on 5th and 6th of June, 2018. (ii) World Environment Day celebration with the theme "Beat Plastic Pollution" was organised on 5th June, 2018. (iii) The International Yoga Day is also celebrated every year to create awareness on the importance of staying fit and healthy. (iv) Mock Drill of Disaster Preparedness organised on 9th September 2018. (vi) Peaceful rally against firecrackers and drug abuse on 1st Nov. 2018. (vii) Blood Donation Camp on 19th and 20th September, 2018.

Best Practice II: The College has initiated a well- structured Mentor-Mentee system. The Mentor is meant for the students seeking knowledge, guidance and necessary support. The mentor bridges the communication gap between parents and management. It regularly updates the parents about the student's progress and college affairs. Effective mentoring builds its presence by establishing a trustworthy relationship between Mentees and Mentors. The basic objectives of maintaining such a system are:

- To give priority to the needs of the students
- Establish consistent communication with parents and help a close monitor of students' growth.
- To take care of mentees by providing guidance, counselling and advice in any area of life especially in academic as per the need expressed by the mentees there by promoting students growth and development.

We believe that mentoring is a nurturing process in which the faculty members serve as a role model, teacher, sponsor, encourager, counsellor and friend to the students with the end goal of promoting the mentees' proficiency and personal development. This system is designed to help the students' transition easily into campus life and creates events that help them build a supportive network of students, faculty and staff. Through the mentorship programme, students gain the skills, experience and contacts necessary to maximize the education and knowledge and broaden their access to all that the college has to offer. At the same time mentorship is not just about academic work itself, but also with navigating college life and providing support for a student during the difficult transition period. The mentor must serve as a positive role model for the mentee and throughout the semester, the mentor has to maintain a close contact with students to assure the best possible experience and learning outcomes.